

# Prevent the Spread of COVID-19 in NYC!

## Take these steps:

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### Stay home.

Stay home if sick or if you test positive for COVID-19.



### Wear a face mask.

Follow the face mask guidance of any place that you go to. Wearing a face mask helps prevent the spread of COVID-19.



### Get tested.

Get tested if you have symptoms, are at high risk based on age or underlying condition, or were recently exposed.



### Stay up to date on vaccines.

Get vaccinated and boosted against COVID-19.



### Keep your hands clean.

Wash your hands often with soap and water. Use hand sanitizer if soap and water are not available.



### Get treated.

If you test positive, call your doctor or 212-COVID19 (212-268-4319).

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To find a COVID-19 testing site, visit [nyc.gov/covidtest](https://nyc.gov/covidtest).

To find a COVID-19 vaccination site, visit [nyc.gov/vaccinefinder](https://nyc.gov/vaccinefinder) or call **877-VAX-4NYC** (877-829-4692).